

AGENCY VALUES

UCCS upholds values of honesty, fairness and respect for all citizens. UCCS staff participate in activities that promote human rights, equitable treatment for all community members, and respect for individual differences and abilities.

WHO UCCS SERVES

Mental health services are available to individuals of all ages experiencing problems in daily living/functioning, unusual stress, and symptoms of mental illnesses.

OBTAINING SERVICES

An appointment is not necessary to initiate services. Individuals interested in UCCS services complete an "Application/ Informed Consent for Services" form and are scheduled an initial needs assessment. **Sign and language interpreter services available free of charge. Individuals may also utilize the open access intake process available each Wednesday. UCCS utilizes an interdisciplinary treatment team in assigning cases to the most appropriate clinical team/services. Once the individual's needs are identified, a plan for services is developed.

FEES

Medicaid, Medicare and private insurance are accepted. Individuals who

live in Union County and do not have medical coverage may qualify for a sliding fee to cover the cost of treatment. In order to determine a sliding fee, verification of household size and household income will be needed at the initial appointment. Please call for more information.

CONFIDENTIALITY

Personal Health Information (PHI) is made available only as defined in the Mental Health Code and HIPAA.

REFERRALS

If UCCS cannot meet specific needs, counselors will refer the individual to appropriate service providers.

CRISIS INTERVENTION (CI)

The Crisis Intervention Program offers services directed toward the assessment and immediate stabilization of acute symptoms of mental illnesses and/or emotional distress. The Crisis Intervention Program provides emergency response 24 hours per day, by phone or face-to-face, with the goal of facilitating the individual's return to a more manageable state of functioning. Crisis services include crisis assessments,

crisis counseling, consultation, referrals, pre-screening for inpatient level of care in the least restrictive setting that meets the individual's needs.

PSYCHIATRIC SERVICES

When recommended, psychiatric services may be available for individual 18 and older. Psychiatric evaluation, psychotropic medication prescription, and psychotropic medication monitoring services are available by tele-psychiatry.

ADULT OUTPATIENT (AO)

Counseling services are available to individuals ages 18 and over who are experiencing symptoms of emotional disturbances, stress, and mental illnesses. Individual and/or group services are provided using evidence based (EBT), and evidence based informed therapies.

CHILD AND ADOLESCENT (C&A)

This program offers individual, family, and/or group counseling focused on the needs of children and adolescents who are experiencing problems with school, family, and peers. Referrals are accepted from schools, law enforcement, courts, DCFS, parents, and other providers.

OUTPATIENT FITNESS RESTORATION (OFR)

The UCCS Outpatient Fitness Restoration (OFR) Program provides fitness restoration services to individuals who are charged with a crime but are not able to participate in the legal process. A judge must find the individual unfit to stand trial (UST). Once an individual is found UST and the individual does not require inpatient treatment in a secure IL Dept. of Human Service (IDHS) forensic facility, the individual may be referred for outpatient fitness restoration services at UCCS. Agency services also address symptoms of emotional disturbances, stress related to daily living, and symptoms of mental illnesses. These services may include case management, community support, advocacy, psychiatric, medication compliance services, etc.

TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY (TFCBT)

TF-CBT is an evidence based intervention designed to help individuals overcome the impact of traumatic events. It is designed to help with traumas related to: childhood trauma, sexual abuse, physical abuse, domestic violence, grief, etc.

SUPPORT SERVICES

Recovery-oriented support services are offered in the

least restrictive community environment. Long-term support programs are available for adults living in the community with serious persistent mental illness (SPMI). These services are intended to help individuals gain access to effective treatment and support essentials for living, working, learning, and participating fully in the community. Support services may include the following:

COMMUNITY SUPPORT (CS)

Services are outreach-oriented and tailored to individual needs. Services offered are assistive in nature and focus on helping individuals gain needed skills and build resiliency. Community Support, along with more traditional case management services, are intended to help individuals gain access to, and coordinate resources that move them toward long-term recovery.

COMMUNITY SUPPORT RESIDENTIAL (CSR)

This program provides 24-hour supervised

transitional living environment for individuals who qualify. Residents are provided skill-building services along with individualized intensive support and counseling, in order to facilitate independent living in the community.

COMMUNITY CONSULTATION AND EDUCATION

UCCS offers consultation to physicians, teachers, shelter care homes, and other agencies. Staff members are also available to facilitate educational presentations on mental health issues for agencies, professionals, and community groups.

CAREERS

Our agency is dedicated to our clients and serving our community. We advertise job openings on Indeed.com, Facebook and in the local paper. You can also come by the office and pick up a job application from the front desk or email your cover letter and resume to info@uccsinc.org.

UCCS does not discriminate in employment opportunities or practices upon the basis of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, genetic information, HIV/AIDS status, financial status or status as a

disabled veteran or Vietnam era veteran.

Rev. 2/2021



**204 South Street
P.O. Box 548
Anna, Illinois 62906
(618) 833-8551
TTY # 711**

**Agency Hours:
8:30 a.m. – 5:00 p.m.**

**24-HOUR CRISIS
INTERVENTION**

24 Hour crisis intervention is available. Crisis intervention can be accessed by calling 833-8551.

**Visit our Website at:
www.uccsinc.org**

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MISSION

To meet the mental health needs of the community by providing the most effective prevention, early intervention, and recovery services available.

